



**2020 CRC**  
HOSTED BY THE  
TUCSON CHAPTER

# VIRTUAL HAPPY "POKE" HOUR

CO-HOSTED by HAWAII CHAPTER

Friday, August 14th, 4:30pm (Hawaii Time)

Link to Join

**Special guest: Restaurant Owner/Chef Jesse Cruz**  
**Hawaii's Lucky Belly/Livestock Tavern/TchinTchin Bar**



## Hawaiian Poke w/ Aloha (ingredients)

4oz Ahi	1tbl Spicy Chili oil (Ryu)
4oz Hamachi	2tbl Soy Sauce
8pc. Shrimp 16/20	Pin Pepper Threads
1/2 cup Onion slice	Pin Bonito Flakes
1tsp Ginger minced	Pin Nori Shredded
1oz Green Onion	1/2 Avocado
1tsp Togadashi	2ea Red Radish
1tsp Sesame Seed	1oz Radish Sprouts
1tbl Sesame oil	2oz Macadamia Nuts

